# IMPACT OF FINANCIAL CRISES ON INVESTOR BEHAVIOUR

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#### **Abstract**

Using stock market returns, volatility, trading volume, investor emotions, and decision-making tendencies amid economic crises, this study explores the influence of financial crises on investor behavior. Reliable financial databases were used to gather data from crisis and non-crisis eras. Statistical tests were then used to validate any discrepancies that were found. According to descriptive data, stock market returns are much lower, volatility is higher, and trading volumes are larger during crises than during crises. According to a regression study, investor confidence is boosted by favorable market returns and significantly decreases during financial crises. According to paired t-tests, investors' actions after the crisis changed significantly. They were less risk tolerant, more herding, and traded more often. These results show how investors' mental and emotional health takes a hit during financial crises, leading some to be more risk-averse, reactive, and active in the market.

Keywords: Stock market, financial crises, Investors, Risk, Trading.

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### I. INTRODUCTION

A financial crisis is a time of extreme market disruption when asset prices fall precipitously, critical financial institutions fail, and the credit markets stop working as usual. Major economic downturns are a common outcome of these crises, which have far-reaching effects on financial systems and investor confidence. From the 17th-century Dutch Tulip Mania to the Great Depression of 1929, the Asian Financial Crisis 1997, and the 2008 Global Financial Crisis, the pattern of financial booms and busts is nothing new. These events significantly impacted investors' actions, such as their risk tolerance and investing strategies, which in turn had significant economic consequences. The interaction of market psychology, leverage, and liquidity is fundamental to financial crises. Optimism among investors drives asset values higher than they should be during economic expansions. Speculative bubbles, in which financial assets are exchanged at inflated values, are caused by this optimism. There is a liquidity bottleneck that occurs when these bubbles bust because inflated assets fall in value and financial institutions that have been heavily indebted struggle to recover. This domino effect directly affects investor confidence, which causes panicked sell-offs and market panics fuelled by fear. When banks go bankrupt, people lose their money, and companies have difficulty getting financing, it usually causes a downturn or recession.

The interconnectedness of financial markets and the far-reaching consequences of a crisis on investor behavior were on full display during the 2008 Global Financial Crisis, one of the most prominent crises ever. This crisis, which began in the US housing market due to risky subprime mortgage lending and securitization practices, propagated rapidly around the globe, plunging economies into deep recessions. Investors should remember to diversify their holdings and practice risk management after the crisis. It took years for investor confidence to recover, and new financial laws were implemented to ensure that something like this wouldn't happen again. For example, the

ISSN: 2583-6404

Sep - Oct 2024

ISSN: 2583-6404 Sep - Oct 2024

Dodd-Frank Act and similar rules in the US brought reforms to increase openness and stability, mirroring a change in the financial environment and investors' expectations.

Factors such as risk appetite, market experience, and availability of information determine how investors react to financial crises. Anxieties levels among individual investors spike during crises, prompting them to sell off equities and shift their money to safer assets like bonds or gold. As an alternative, institutional investors may see crises as chances to buy assets at a discount. In these uncertain circumstances, when emotions rather than logic influence decision-making, behavioral biases, including herding, loss aversion, and overreaction, come into play. The stock market, mutual funds, and other investment vehicles are affected when investors become more risk-averse due to the fear of losing wealth.

During times of financial crisis, the role of government involvement and central banks is equally crucial. To restore stability and enhance investor confidence, central banks conduct monetary policies like interest rate decreases or quantitative easing and function as lenders of last resort. To infuse liquidity into the economy, the U.S. Federal Reserve, for instance, reduced interest rates significantly and bought a lot of financial assets during the 2008 crisis. The ensuing increase in asset prices shows that such actions are necessary for limiting the crisis and boosting investor mood. Still, they may also cause inflation or excessive risk-taking in the long run.

#### II. REVIEW OF LITERATURE

Claessens, Stijn & Kose, Ayhan (2013) The literature on financial crises is reviewed in this work with a focus on three issues. To begin, what are the most important causes of financial crises? Short reviews of theoretical and empirical research on changes in asset and credit markets around financial crises are included in the article because many hypotheses on the causes of these events stress the significance of sudden shifts in these markets. To follow up, what are the most common forms of economic disaster? This article surveys the research that seeks to detect four distinct kinds of financial crises—currency crises, abrupt halt, debt crises, and banking crises—and focuses on the key theoretical and empirical causes for each. Finally, what are the actual and potential consequences of crises for the financial industry? This study provides a concise overview of the effects of crises on the actual economy and the financial sector in the near and medium terms. The report wraps up by outlining the key takeaways from the literature review and suggesting avenues for further study.

Danuletiu, Dan & Barna, Flavia (2010) Extensive capital movements have stimulated worldwide economic and financial interactions due to globalization. The global financial crisis has hit emerging markets particularly hard, which has impacted the capital market. Examining how the economic crisis altered the makeup of investors and how non-residents traded on the Bucharest Stock Exchange is the primary goal of this article. Hoffmann, Arvid, et al. (2013) analyze the shifts in individual investors' attitudes and the factors that influenced their trading and risk-taking behavior during the financial crisis of 2008–2009 by combining monthly survey data with matching trading records. During a crisis, investor views change significantly, with return expectations being the most variable and risk tolerance and perceptions being the least. Investors' perceptions of risk rise during the worst months of the crisis, while their expectations for returns and tolerance for risk fall. Investor sentiment improves as the crisis winds down. We find evidence of large fluctuations in trading and risk-taking behavior caused by shifts in investor sentiment. Even if the market is volatile, individual investors are not reducing the risk in their portfolios and are actively trading.

ISSN: 2583-6404 Sep - Oct 2024

Hoffmann, O.A. et al., (2011) During the financial crisis of 2007–2009, we demonstrate for the first time how the views of individual investors changed, how they traded and took risks, and how these factors affected investment performance. Investor perceptions undergo substantial fluctuations throughout the sample period (April 2008–March 2009), with return expectations showing more stability than risk tolerance and perceptions. This conclusion is drawn from an innovative combination of monthly survey data and matching trading records of a subset of brokerage clients. Changes in risk perceptions tend to be negative, whereas changes in return expectations and risk tolerance tend to be optimistic about market movements. Successful investors' buy-sell ratios, trading volume, and risk tolerance were all lower because they expected more significant returns and were less willing to accept risks. Before the crisis hit in September and October of 2008, investors who did well before also did well thereafter. They may have become overconfident in their investing abilities due to their first success, but thereafter, they got more risk-tolerant, traded more frequently, and stopped underperforming.

### III. RESEARCH METHODOLOGY

### **Data Collection**

The study's data came from historical stock market indexes, volatility metrics, trade volumes, and trustworthy financial databases. A crisis is defined as a prolonged and severe decline in market value, and the dataset includes both crisis and non-crisis eras. In order to compare investor behavior and market measures under different economic scenarios, non-crisis years were chosen to reflect regular market conditions.

# **Sample Selection**

The study focuses on metrics such as stock market return, volatility index, and trading volume across crisis and non-crisis periods. The sample includes the average percentage changes in market indices for stock market returns, calculated every month. Volatility is measured using a volatility index, often derived from option pricing models like the VIX, which captures the expected short-term market volatility. Trading volume reflects the average volume of trades executed in the stock market, indicating market activity.

## **Statistical Testing**

The discrepancies found in the descriptive data were confirmed using statistical tests. A paired ttest was performed for each parameter to determine if there was a statistically significant difference between the means between crisis and non-crisis periods. If financial crises do, in fact, affect market dynamics and investor psychology, then this test will shed light on whether or not the changes in behavior and market activity that have been noticed are statistically significant.

## IV. DATA ANALYSIS AND INTERPRETATION

Table 1: Descriptive Statistics of Financial Metrics during Crisis vs. Non-Crisis Periods

Metric	Mean	Std Dev	Mean	Std Dev	Min	Max	Min	Max
	(Crisis)	(Crisis)	(Non-	(Non-	(Crisis)	(Crisis)	(Non-	(Non-
			Crisis)	Crisis)			Crisis)	Crisis)
Stock	-12.5%	8.2%	7.3%	6.1%	-35%	-1%	1%	15%
Market								
Return								
Volatility	35.8	12.5	15.2	5.7	18	65	8	30
Index								

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Trading	1.8B	0.5B	1.2B	0.3B	0.9B	2.8B	0.7B	1.7B
Volume								

Table 1 shows During crises, the stock market return shows a substantial average decline of -12.5%, with a higher variability (standard deviation of 8.2%) compared to the non-crisis period, where average returns are positive at 7.3% with lower volatility (standard deviation of 6.1%). The range of returns in crises (from -35% to -1%) reflects significant losses, while returns in non-crisis times remain positive, ranging from 1% to 15%.

The volatility index is markedly higher during crises, averaging 35.8 with a standard deviation of 12.5, suggesting that markets experience more uncertainty and rapid price changes in these periods. In contrast, the average volatility in non-crisis periods is much lower at 15.2 with less fluctuation (standard deviation of 5.7). This difference highlights the heightened risk and instability in markets during crises, where volatility reaches a peak of 65, compared to a maximum of 30 in stable times. Finally, trading volume also increases significantly in crises, averaging 1.8 billion with a wider standard deviation of 0.5 billion, compared to a lower average volume of 1.2 billion in non-crisis periods (standard deviation of 0.3 billion). The higher trading volume range during crises (0.9B to 2.8B) versus non-crisis times (0.7B to 1.7B) suggests that investors trade more actively during crises, likely due to panic selling or strategic adjustments in response to increased market risk. Table 1 shows During crises, the stock market return shows a substantial average decline of -12.5%, with a higher variability (standard deviation of 8.2%) compared to the non-crisis period, where average returns are positive at 7.3% with lower volatility (standard deviation of 6.1%). The range of returns in crises (from -35% to -1%) reflects significant losses, while returns in non-crisis times remain positive, ranging from 1% to 15%.

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Table 2: Regression Analysis of Market Returns and Investor Sentiment

Variable	Coefficient	Standard	t-	p-
		Error	Statistic	Value
Intercept	5.23	1.32	3.96	0.0002
Crisis Dummy $(1 = Crisis, 0 = No Crisis)$	-8.56	1.45	-5.91	< 0.0001
Market Return	0.35	0.12	2.92	0.004
Investor Sentiment Index (Dependent		_		_
Variable)				

In the table titled "Regression Analysis of Market Returns and Investor Sentiment," we can see how the Investor Sentiment Index (the dependent variable) is related to market circumstances

ISSN: 2583-6404

**Sep - Oct 2024** 

(represented by market returns and crisis periods). A t-statistic of 3.96 and a p-value of 0.0002 indicate statistical significance. The intercept has a coefficient of 5.23 and a standard error of 1.32. This positive intercept indicates that the Investor Sentiment Index would have a baseline value of about 5.23, showing a somewhat optimistic investor attitude, if there were no crisis conditions and the market returned zero. With a standard error of 1.45, the Crisis Dummy variable distinguishes between crisis (coded as 1) and non-crisis eras (coded as 0). The variable's coefficient is -8.56. Consequently, the t-statistic is -5.91, and the p-value is less than 0.0001. During times of crisis, investor sentiment often plummets by an average of 8.56 points on the sentiment index, as indicated by the negative coefficient for the Crisis Dummy. With a positive coefficient of 0.35 and a standard error of 0.12, the Market Return variable produces a t-statistic of 2.92 and a p-value of 0.004. The Investor Sentiment Index rises 0.35 points for every 1% gain in market return, suggesting a favorable correlation between market returns and investor sentiment.

Table 3: Paired t-Test Results for Changes in Investor Behavior Pre- and Post-Crisis

Metric	Mean	Std Deviation of	t-	p-	Confidence
	Difference	Difference	Statistic	Value	Interval (95%)
Risk	-3.75	1.45	-7.58	< 0.0001	[-5.12, -2.38]
Tolerance					
Herding	2.35	0.98	5.56	< 0.0001	[1.45, 3.25]
Behavior					
Trading	0.6B	0.23B	4.13	0.0003	[0.35B, 0.85B]
Volume					

Beginning with Risk Tolerance, we find a standard deviation of 1.45 and a mean difference of 3.75. A t-statistic of -7.58 and a p-value below 0.0001 show that risk tolerance has significantly decreased since the crisis. Investors get much more risk-averse following a financial crisis, as supported by the 95% confidence interval of [-5.12, -2.38]. Behavioral finance theory predicts that when markets are volatile, investors will choose safer investments. The standard deviation for herding behavior is 0.98, and the mean difference is 2.35. Following a crisis, herding behavior significantly increases (t-statistic = 5.56, p-value < 0.0001). During and after crises, investors are more prone to follow the crowd, according to the confidence interval of [1.45, 3.25]. This might be due to panicked behavior or a fear of losing out on recovery possibilities. The standard deviation for trading volume is 0.23 billion, while the mean difference is 0.6 billion. Increased trading volume after a crisis is statistically significant (t-statistic = 4.13, p = 0.0003). Due to the heightened market volatility and the necessity to adjust or liquidate portfolios, investors are more active during crises, as confirmed by the confidence interval of [0.35B, 0.85B].

### V. CONCLUSION

Important indicators like risk tolerance, herding behavior, and trading volume show noticeable and substantial changes when financial crises affect investor behavior. A dramatic drop in risk tolerance indicates the increased risk aversion that investors display during times of crisis. This action is in line with investors' psychological reaction when they are worried about losing money in the market. Furthermore, the data reveals a dramatic spike in herding behavior, suggesting that investors, swayed by panic or FOMO, are more prone to move in lockstep with others during crises rather than making autonomous judgments. Investors are more active during crises, increasing trade volumes, which may indicate that they are selling assets or altering their portfolios in

ISSN: 2583-6404 Sep - Oct 2024

response to market circumstances or dangers they perceive. These results show that investors' attitudes and decisions are greatly affected by financial crises and that market dynamics are driven by emotional and behavioral elements when there is uncertainty.

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